



School Bulletin

30th March 2022

Fundraising for Ukraine

At Hartshill Academy we have been raising funds for Ukraine, with our staff and pupils donating £1 to wear something blue or yellow to school on March 24th. Along with our two local schools, Michael Drayton and Nathaniel Newton we are holding a sunflower growing competition with prizes for staff and students for the tallest sunflower. So far we have raised over £1000. Thank you to everyone who has supported this fundraising.



Attendance Matters

What does your Attendance Percentage Mean?

	Every Week	Every Year	Over 5 Years of school
100%	Awesome!	Awesome!	Awesome!
98%	½ lesson missed	4 days every year	1 month missed
96%	1 lesson missed	8 days every year	2 months missed
94%	1½ lessons missed	12 days every year	3 months missed
92%	2 lessons missed	15 days every year	4 months missed
90%	½ a day missed	19 days every year	½ a year missed
85%	¾ a day missed	28 days every year	¾ year missed
80%	1 day missed	38 days every year	1 year missed

Heart – Ambition – Respect – Tenacity

HHA Fantastic Five

With big changes on the leader board there is still everything to play for, will the outcome be decided before Easter or will it all change with the progress from the mock exam results

Leader board Top 8 Overall Week 3



	Team	Coach	Points
1	Nando Fan Club	JWI	988
2	The Better Team	JWI	925
3	Co leaders	↑ JWI	907
4	In the Pipe Line	HPI	904
5	Muscle Feelers	↑ AOK	900
6	Pink Ladies	↓ NRO	893
8	Jakes Heard	↓ LNY	893
8	Why do some people have really long team names	NPR	888

Y8 Football fixture

The Y8's travelled to George Elliot last night for the next round of fixtures. A tough start against a very strong St Thomas Moore side losing 2-0. Change of formation in the next game against Etone saw the team come away with a 3-0 victory. Our last game was against fellow MAT school George Elliot where we shared the points after a wondergoal by Archie C to equalize making it 1-1.

Goals by Logan C (2), Harry J and Archie C. Finally, thank you for all students, staff and supporters who came along.



Top Tips before immunisations

With the HPV vaccinations taking place next week for Year 8, 9 and 10 mop ups. Here is some advice from the Vaccination team.

- Eat breakfast and drink well on the day
- Read through the info leaflet that came attached to your consent form email
- Your injections are given in the deltoid muscle in your upper arm, so wear short sleeves or a vest top under long sleeves
- You'll need to take off jumpers and blazers, and keep belongings and bags with you
- Don't be afraid to ask questions, we will need to ask some questions from you too

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French Idiom of the week

AVOIR LE CUL BORDÉ DE NOUILLES

Literal translations:
To have the ass surrounded by noodles

English Equivalent:
To be a luck so-and-so

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Book of the Week!

Little Women
Louisa May Alcott

Little Women by Louisa May Alcott follows the story of four sisters and their mother growing up whilst their father is away fighting in the American Civil War.

RISE MHST

Mental Health in Schools Team (MHST)

Tips For Wellness:

Self-care

March - National Bed Month

Self-care is about keeping fit and healthy, understanding what you can do to help yourself feel better, or to keep yourself feeling good. This is equally important for both our physical health and mental health. And because it's self-care we have choice in how we can best do this for ourselves!

Try one, or both, of the below activities throughout this week:

1. Ask your friends/ family what helps keep them to feel good or feel better – create a self-care poster using pictures/words/photos/music/quotes to have in your bedroom.
2. Self-care tips videos for young people - **Every Mind Matters - NHS (www.nhs.uk)** has lots of videos about ways in which we can take care of ourselves, so check it out!

Useful link:
<https://www.annafreud.org/on-my-mind/self-care/>

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.