

Be kind, work hard and achieve



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School**

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COUNTDOWN TO YOUR
MOCK EXAMS

10

WEEKS TO GO!



COUNTDOWN TO
YOUR
GCSE EXAMS

29

WEEKS TO GO



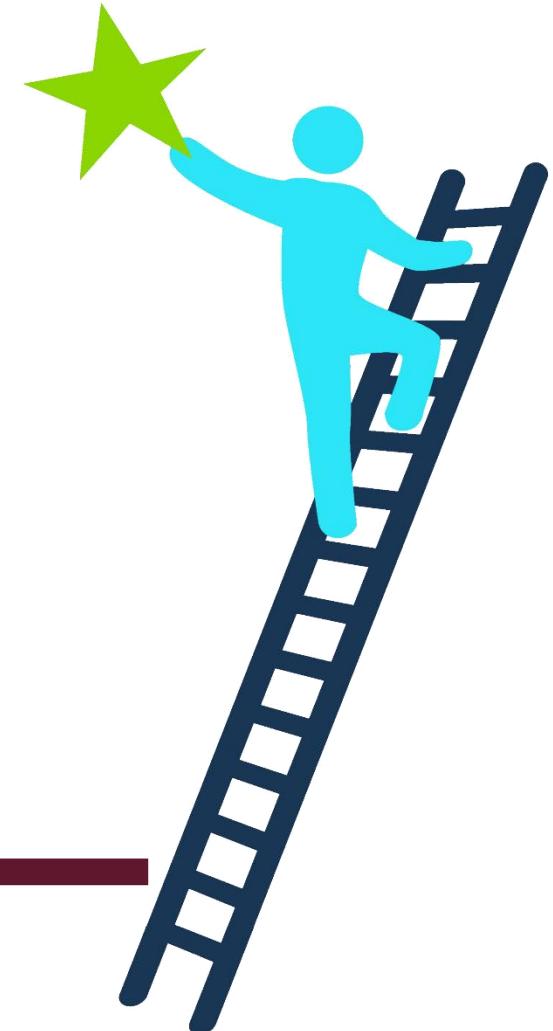
Important updates:

23rd September: Support Your Child Through To GCSE Success Evening 6.30-7.30pm

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Student Successes

- Aidan R for offering valuable contributions to class discussions.
- Sinead F – for a fabulous positive start to the year
- Paul K – for great efforts in homework and classwork this year
- Adam G: Good start to the year, working hard.
- Rosie M: Good start to the year, and has got on with the work well.
- Ruby S: Hit the ground running in science, engaging well in lessons
- Shabaan K: Good answers and subject knowledge in science.
- Danny T- great answers given in class.



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Student Successes

Year 11 have worked incredibly hard on their exams this week and the Maths staff are very proud of how much they have all tried with the 3 exam papers. Whilst we have been marking these papers, we have noticed that some students need more practice on the following topics which can be found on HegartyMaths www.hegartymaths.com (All students do have logins)

In English, Year 11 have demonstrated resilience whilst sitting their A Christmas Carol and Language Paper 1 assessments, well done!



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**This weeks revision workshop is:
Making revision cards—selecting facts. How to select facts, how to make
a tool to learn them and link them to other facts.**

Workshop 3: Using Revision Cards – Recalling Facts

Workshop 4: Online Revision – how to use GCSE Pod and Seneca

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Weekly activities to help your child:

- **English:**

- Language Paper 1 requires you to answer five questions:
- Language Paper 1 question 1 requires you to find four things from a small section in the text.
- Language Paper 1 question 2 requires you to analyse language.
- Language Paper 1 question 3 requires you to analyse structure.
- Language Paper 1 question 4 requires you to evaluate the writer's choices.
- Language Paper 1 question 5 requires you to write a description or narrative.
- Recommended Read: The Poison Heart by Kalynn Bayron; Darkness blooms in bestselling author Kalynn Bayron's new contemporary fantasy about a girl with a unique and deadly power.

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Weekly activities to help your child:

Maths:

- Converting between decimals and percentages (Video Clip 83)
- Rounding to significant figures (Video Clip 130)
- Real life problems involving fractions (Video Clip 80)

Science:

Five key facts about ecology:

- Food chains always start with a producer, something that makes its own food e.g. plants.
- Energy flows up a food chain, the amount of energy decreases as each level in the chain.
- Animals compete for food, mates and territory.
- Plants compete for light, space and water
- An important part of the food chain are decomposers, bacteria and fungi, which break down dead things and recycle the nutrients.

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Weekly activities to help your child

History:

- Hitler used speeches and newspapers to increase the popularity of the Nazi party.
- He created a private army called the SA to protect the party and attack others.
- Hitler attracted new members to the party and by 1921 was its leader.
- Important, wealthy people began to support Hitler and the Nazi party.

Geography:

- There is a North-South Divide in England
- Generally in the North there are higher levels of unemployment and a lower life expectancy
- The government aims to close the disparity between the North and South of England by encouraging enterprise zones, using regional grants and improving transport
- When describing maps and graphs use TEA - Trend, Evidence, Anomalies
 - Trend - general pattern
 - Evidence - specific examples
 - Anomalies - exceptions that do not fit the pattern

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Weekly activities to help your child

- **MFL:**
 - **Aujourd'hui je vous parlerai de-** Today I will tell you about
 - **il a tort-** he is wrong
 - **pour mes vacances de rêve je voudrais visiter-** for my dream holidays I would like to visit
 - **je ne suis pas d'accord-** I don't agree
 - **normalement je vais à l'étranger** - usually I go abroad

- **Computer Science:**
 - Topics for focus:
 - The Von Neumann Architecture
 - Characteristics of the CPU

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Weekly activities to help your child

- PE:
 - Sagittal plane - a vertical plane that divides the body into left and right sides. Flexion and extension types of movement occur in this plane, eg kicking a football, chest pass in netball, walking, jumping, squatting.
 - 2. Frontal plane - passes from side to side and divides the body into the front and back. Abduction and adduction movements occur in this plane, eg jumping jack exercises, raising and lowering arms and legs sideways, cartwheel.
 - 3. Transverse plane - passes through the middle of the body and divides the body horizontally in an upper and lower half. Rotation types of movement occur in this plane, eg hip rotation in a golf swing, twisting in a discus throw, pivoting in netball, spinning in skating.

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Weekly activities to help your child

Animal Care:

- **Monitoring signs of Ill health in Animals**
- **reasons for health checks**
- **behaviour and temperament checks for the 6 animals**
- **posture checks**
- **urine and faeces**
- **food and water intakes**

DT:

- Students are currently focusing on completing their NEA work and should collect opinions from their customer on their design ideas.

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Weekly activities to help your child

Food:

- Students are currently focussing on completing their NEA work and should complete independent research on the following contextual challenge set by the exam board:
 - > Italian Cuisine
 - > Cardiovascular Health
 - > Healthy dish for young children.
- This research should be collated and used to form decisions around the chosen dishes that will be cooked later in the year.

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Business Studies:

- Being an entrepreneur
 - Define the term entrepreneur,
 - Know and be able to identify entrepreneur motivators,
 - List the skills and characteristics of an entrepreneur,
 - Differentiate between skill and characteristic
 - Analyse the skills of entrepreneurs and apply this to a business context
- Business aims and objectives - Breakeven, Profitability, Cash flow, Increasing revenue + Profit max:
- Know and understand the financial aims and objectives that a business might have

Attendance Information



Attendance reminders:



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11 attendance must be no lower than 97% to receive an invite
to Alton Towers in the Summer Term

Before and After-school targeted revision sessions:

Before School:

- Wednesday—History 8:15—08.40 E13

After School:

- Wednesday: English G Block 15:15— 15:15
- Wednesday: History E13 15:15—16:15
- Thursday: Science E33 15:15—16:15
- Thursday: French D14 15:15—16:15



Healthy Meal Suggestion Chicken Curry

Ingredients

- 4 skinless chicken breasts, cut into chunks
(or use thighs or drumsticks)
- 2 tsp cornflour
- 1 onion, diced
- 2 tbsp rapeseed oil
- 1 garlic clove, crushed
- 2 tsp curry powder
- 1 tsp turmeric
- ½ tsp ground ginger
- pinch sugar
- 400ml chicken stock
- 1 tsp soy sauce
- handful frozen peas
- rice to serve



Method

- Toss the chicken pieces in the cornflour and season well. Set them aside
- Fry the onion in half of the oil in a wok on a low to medium heat, until it softens – 5-6 minutes – then add the garlic and cook for a minute. Stir in the spices and sugar and cook for another minute, then add the stock and soy sauce, bring to a simmer and cook for 20 minutes.
Tip everything into a blender and blitz until smooth.
- Wipe out the pan and fry the chicken in the remaining oil until it is browned all over. Tip the sauce back into the pan and bring everything to a simmer, stir in the peas and cook for 5 minutes. Add a little water if you need to thin the sauce. Serve with rice.

Having a mental health crisis?



Text YM to 85258 for free 24/7 support across the UK if you are experiencing a mental health crisis.

All texts are answered by trained volunteers, with support from experienced clinical supervisors.

YOUNGMINDS Crisis Messenger powered by CRISIS TEXT LINE | 2018 YoungMinds. Registered charity numbers 1024946 & SC039700



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self-care ACTIVITIES

- set time aside for hobbies
- encourage journaling & self-reflection
- talk about feelings
- video call family & friends
- find time for movement
- focus on the moment

#selfcaresaturday

Flow & Grow
KIDS YOGA